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For Immediate Release

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Speaking Of Women's Health Foundation Seeks Volunteers
Help Needed To Organize Raleigh Conference

RALEIGH, N.C. – The Speaking of Women's Health Foundation is seeking volunteers to assist with the organization's upcoming events. Volunteers are needed for a variety of activities prior to and during the conference for tasks such as decorating, stuffing gift bags and conference set-up.

The Speaking of Women's Health conference will be held December 9 at the North Raleigh Hilton from 8 a.m. to 4 p.m. The daylong event consists of keynote speakers, health screenings, continental breakfast and a luncheon. To volunteer, contact Kimberly Pate at 919-713-1543.

"Volunteers are important to the overall coordination of the workshop," said Dr. Angela Baylis, co-chair of the event's executive committee. "They will assist in many areas and are sure to enjoy their experience."

About Speaking of Women's Health:

The National Speaking of Women's Health Foundation is a 501 (c) (3), non-profit organization headquartered in Cincinnati, Ohio, whose mission is "to educate women to make informed decisions about their health, well-being and personal safety." Founded in 1996, Speaking of Women's Health ® (SWH) hosts more than 40 conferences and events across the country, educating and empowering women in a pampering environment. The national foundation works with community hospitals and organizations at a grassroots level, and reinvests into local women's health through Community Investment Grants. SWH includes two Minority Health Programs – Universal Sisters and Hablando de la Salud de la Mujer; community events and education centers with free health brochures in Wal-Mart stores nationwide; and a weekly television show, Lifetime's Speaking of Women's Health. Please visit <http://www.speakingofwomenshealth.com> or call 1-866-SWH-INFO for more information.

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